In cases of known seasonal allergies, the effectiveness of Luffa comp.-Heel nasal spray may be enhanced by starting systemic treatment in advance of the expected symptoms:

In a drug monitoring study, concomitant administration of Luffa comp.-Heel nasal spray and tablets was rated by over 70% of 1,090 hay fever patients as either "good" or "very good" therapy.

The Luffa „duo” for Exceptional Results

1 - 2 months before pollen exposure

1 tablet 3 times daily of Luffa compositum Heel

During pollen season

1 tablet 3 times daily of Luffa compositum Heel plus
1 spray in each nostril 3 to 5 times daily of Luffa comp.-Heel nasal spray

In a randomized, double-blind clinical study of 146 patients suffering from seasonal allergic rhinitis the effectiveness of Luffa comp.-Heel nasal spray was compared to that of cromolyn sodium nasal spray over a six week period.

Four to eight sprays daily per nostril of Luffa comp.-Heel nasal spray resulted in significant and lasting symptom improvement, equivalent to that of cromolyn sodium. Both medications were well tolerated.

For a better quality of life

Mean overall RQLQ* score

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95% CI upper/lower bound

Homoeopathic group (n=71)
Cromolyn sodium group (n=71)

Effectively reduces nasal and ocular allergic symptoms

Provides a choice of either a nasal or an oral dosage form

Is suitable for long-term treatment

Also available as Luffeel in some countries

References:

The number of people with allergies has grown dramatically in recent years. Currently, up to 20% of the population suffers from hay fever during spring and summer. Unsatisfactory results with conventional treatment are widespread - about 90% of allergy sufferers are therefore eager to try alternative treatments like homoeopathy.

Luffa comp.-Heel nasal spray and tablets combine the therapeutic effects of natural botanical substances with mineral ingredients. With a stabilized immune system, Luffa compositum Heel has proven effective for treating the typical allergic nasal and ocular symptoms:

- Running nose
- Sneezing
- Itchy eyes

A Growing Demand for Satisfactory Treatment

Running nose
Sneezing
Itchy eyes

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Allergic Rhinitis

Prophylaxis
Therapy