Emotional distress
Psychosomatic disorders
Climacteric neurosis
Many people all over the world suffer from restlessness, agitation, and depression. Nearly 75% of people say they experience "severe" stress at least twice a week. Up to 90% of all visits to primary care physicians are for stress-related problems, and job stress is by far the leading cause.

Nervoheel is used by increasing numbers of practitioners all over the globe with great success. More than 80% of patients treated with Nervoheel describe its efficacy as "very good" or "good".¹

Effective and gentle treatment

- Nervous tension
- Sleep disturbances
- Emotional symptoms of menopause

**Literature:**

**No known drug interactions**

**No known side effects**

Unlike other "natural" mood enhancers, Nervoheel does not cause liver damage or photosensitivity.

**Broad range of application**

Nervoheel can be used successfully not only as monotherapy but also in combination with other medications, especially in treating disorders with psychosomatic components, such as ulcerative colitis or menopausal symptoms.²,³

Nervoheel is also suitable for children - in stressful school situations, for example.⁴

**Dosage**

<table>
<thead>
<tr>
<th>Adults</th>
<th>for general use:</th>
<th>1 tablet 3 times daily</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>for acute symptoms:</td>
<td>1 tablet every 15 minutes, as needed (several times)</td>
</tr>
<tr>
<td>Children</td>
<td>ages 6 to 12:</td>
<td>1 tablet 2 times daily</td>
</tr>
<tr>
<td></td>
<td>ages 12 and up:</td>
<td>1 tablet 3 times daily</td>
</tr>
</tbody>
</table>

**Nervoheel® Tablets**

**Composition:** 1 tablet cont.: Acidum phosphoricum D4, Ignatia D4, Sepia officinalis D4, Psorinum-Nosode D12 60 mg each; Kalium bromatum D4, Zincum isovalerianicum D4 30 mg each.

**Indications:** Psychosomatic disorders, climacteric neurosis, emotional distress.

**Contraindications:** None known. **Side effects:** None known.

**Interactions with other medications:** None known.

**Dosage and administration:** In general, 1 tablet to be dissolved in the mouth 3 times daily.

**Package sizes:** Packs containing 50 and 250 tablets.

Revised: May 2003.