Painful cramps and spasms (of the gastrointestinal or urogenital tract, for example) require fast and effective treatment. Conventional treatment with allopathic spasmylytics is problematic due to potential side effects such as cardiac arrhythmias (in the case of scopolamine) or sedation (in the case of muscle relaxants). In contrast, the homoeopathic alternative Spascupreel combines efficacy with very good tolerability.

Spascupreel is a special formulated medication for treating spasms of the striated and smooth muscles, such as:

- **Gastrointestinal spasms**
- **Dysmenorrhea**
- **Spasms of the gall bladder and urinary tract**

Spascupreel tablets were administered to 698 patients suffering from acute or chronic spasms of different origins. Spastic relief was fast and effective, with 67% of patients reporting improvement during the first two weeks. The overall therapeutic outcome was rated very good or good in 79% of cases.

A very recent study investigated the efficacy of Spascupreel tablets versus butyl scopolamine bromide in 254 children (aged 12 or younger) with spasms of the stomach, intestines, or urinary tract. 70% of the patients were suffering from acute spasms. Efficacy of Spascupreel was comparable and in some cases superior to that of butyl scopolamine bromide with regard to clinical symptoms.

One third of the patients were symptom-free after the first day of treatment.

**References:**
1) Ammon HPT. Arzneimittel- und wechselwirkungen. 3. Auflage, WVG-Verlag 1991, Stuttgart
2) Weiser M, Reuss, V. Treating Spasmodic Conditions with Spascupreel, Biological Therapy 2000; 29 (1): 14-17
6) Publication in preparation.
FAQs

What is the recommended dosage of Spascupreel tablets?
For acute symptoms, the recommended dosage is 1 tablet every 15 minutes for a maximum of 2 hours. The general dosage recommendation is 1 tablet 3 times a day.

Is Spascupreel also available in other forms?
Spascupreel is also supplied in ampoules of injectable solution. The recommended dosage is 1-3 injections per week i.m., s.c., i.d., or i.v. Spascupreel suppositories are also available in some countries (dosage: 1 suppository 2-3 times a day).

Does Spascupreel have any side effects?
Patient tolerance of Spascupreel is generally very good, and no side effects or drug interactions have been reported. In each of the studies cited above, tolerability was rated “very good” or “good” in more than 95% of cases.

Spascupreel Tablets (9749) - Injection solution (8558)
Spascupreel® S Suppositories (9673)
Composition: Tablets: 1 tablet cont.: Citrullus colocynthis D4, Ammonium bromatum D4, Atropinum sulfuricum D6, Veratrum album D6, Magnesium phosphoricum D6, Gelsemium sempervirens D6 30 mg each; Passiflora incarnata D2, Agaricus D4, Chamomilla recutita D3, Cuprum sulfuricum D6 15 mg each; Aconitum napelus D6 60 mg. Injection solution: 1.1 ml cont.: Citrullus colocynthis D4, Ammonium bromatum D4, Atropinum sulfuricum D6, Veratrum album D6, Magnesium phosphoricum D6, Gelsemium sempervirens D6 1.1 µl each; Passiflora incarnata D2, Agaricus D4, Chamomilla recutita D3, Cuprum sulfuricum D6 0.55 µl each; Aconitum napelus D6 2.2 µl.
Suppositories: 1 suppository cont.: Citrullus colocynthis D3, Ammonium bromatum D3, Atropinum sulfuricum D5, Veratrum album D5, Magnesium phosphoricum D6, Gelsemium sempervirens D5 1.1 mg each; Passiflora incarnata D1, Chamomilla recutita D2, Cuprum sulfuricum D5, Agaricus D3 0.55 mg each; Aconitum napelus D5 2.2 mg.
Indications: Spasms in the organs of the smooth musculature (stomach, intestine, gall bladder, uterus, urinary tract); spasticity of the striated musculature (myogelosis, hardening of the muscles).
Dosage: Tablets: In general, 1 tablet to be dissolved in the mouth 3 times daily. For acute symptoms, 1 tablet every 15 minutes for up to two hours.
Injection solution: In acute disorders several times a day, otherwise 1-3 times a week 1 ampoule i.m., s.c., i.d., i.v. Suppositories: Unless otherwise prescribed, insert 1 suppository into the anus 2-3 times a day. For acute painful conditions, use 1 suppository every hour. For infants under six months, use 1/2 suppository at a time.
Package sizes: Tablets: Packs containing 50 and 250 tablets. Injection solution: Packs containing 10, 50, and 100 ampoules of 1.1 ml each. Suppositories: Packs containing 12 and 60 suppositories of 2.0 g each.

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