Prevalence of Vertigo

The symptom of vertigo is very frequent in every population. In general 20% of men and even 40% of women complain about vertigo attacks.

The treatment of vertigo remains still very difficult, as vertigo can be caused by various vascular, cardio-vascular, metabolic, traumatic or degenerative disturbances.

Vertigoheel offers a broad symptomatic treatment without any known side-effects or contraindications.

Demonstrated Efficacy

Clinical studies provide proof that Vertigoheel significantly reduces the severity of vertigo-specific symptoms and improves the quality of life for vertigo patients.¹,²

<table>
<thead>
<tr>
<th>Mechanism of action</th>
<th>Vertigoheel</th>
<th>Histamine Analogues (i.e. Betahistine)</th>
<th>Antihistamines (i.e. Dimenhydrinate)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stimulation of vestibular regulatory systems</td>
<td>Yes */ Yes */ Yes</td>
<td>Yes */ Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Efficacy for the treatment of vertigo demonstrated by clinical studies</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
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<tr>
<td>Observed adverse effects:</td>
<td></td>
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<td></td>
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<tr>
<td>- Sedation</td>
<td>No</td>
<td>No</td>
<td>Yes</td>
</tr>
<tr>
<td>- Anticholinergic effects</td>
<td>No</td>
<td>No</td>
<td>Yes</td>
</tr>
<tr>
<td>- Dizziness</td>
<td>No</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>- Nausea</td>
<td>No</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>- G.I. problems</td>
<td>No</td>
<td>Yes</td>
<td>Yes</td>
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<tr>
<td>Unproblematic use in cases of:</td>
<td></td>
<td></td>
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<tr>
<td>- Pregnancy</td>
<td>Yes</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>- Asthma</td>
<td>Yes</td>
<td>No</td>
<td>Yes</td>
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<tr>
<td>- G.I. ulcers</td>
<td>Yes</td>
<td>No</td>
<td>Yes</td>
</tr>
<tr>
<td>- Concomitant use of any other medications</td>
<td>Yes</td>
<td>No</td>
<td>No</td>
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</tbody>
</table>
In a double-blind randomized clinical study with 105 patients, the efficacy of Vertigoheel (15 drops 3x/day) was compared to betahistine (6 mg 3x/day).

Apart from a significant reduction of the frequency of vertigo attacks, duration, and intensity of the attacks were also reduced dramatically. The study reveals that the efficacy of Vertigoheel is equivalent to the allopathic remedy.

As a result of the study, Vertigoheel reduced frequency, intensity, and also duration of vertigo attacks significantly. The study reveals that the efficacy of Vertigoheel is equivalent to the allopathic remedy.
Vertigoheel®

**Non-drowsy formula**

No contraindications or restrictions with regard to age or duration of therapy

No interactions with other drugs (suitable for long-term treatment)

<table>
<thead>
<tr>
<th>Therapy Recommendations</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Acute therapy</strong></td>
</tr>
<tr>
<td><strong>Drops</strong></td>
</tr>
<tr>
<td><strong>Tablets</strong></td>
</tr>
<tr>
<td><strong>Sterile ampoules</strong></td>
</tr>
<tr>
<td><strong>Injection solution</strong></td>
</tr>
<tr>
<td><strong>Maintenance therapy</strong></td>
</tr>
<tr>
<td><strong>Drops</strong></td>
</tr>
<tr>
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</tr>
<tr>
<td><strong>Sterile ampoules</strong></td>
</tr>
<tr>
<td><strong>Injection solution</strong></td>
</tr>
</tbody>
</table>

**Composition**:

**Drops**:
- Anamirta cocculus D4 70 g
- Conium maculatum D3
- Ambra grisea D6
- Petroleum rectificatum D8 10 g each
- Contains 35 vol.% alcohol

**Tablets**:
- Anamirta cocculus D4 210 mg
- Conium maculatum D3
- Ambra grisea D6
- Petroleum rectificatum D8 30 mg each

**Injection solution**:
- Anamirta cocculus D3 7.7 µl
- Conium maculatum D2
- Ambra grisea D5
- Petroleum rectificatum D7 1.1 µl each

**Indications**:
- Dizziness of various origins (particularly arising from arteriosclerosis)

**Contraindications**:
- None known

**Side effects**:
- None known

**Interactions with other medication**:
- None known

**Note**:
- Vertigoheel is not incompatible with alcohol and has no sedative properties (does not influence safety in traffic, etc.)

**Dosage**:
- **Drops**: In general, 10 drops every 15 minutes for max. 2 hours; in sporadic dizziness and nausea initially 10 drops every 15 minutes.
- **Tablets**: In general, 3 tablets to be dissolved in the mouth 3 x daily; in sporadic dizziness and nausea 1 tablet every 15 minutes.
- **Injection solution**: In sporadic dizziness and nausea daily, otherwise 3–1 ampoules per week orally or intramuscularly, s.c., i.d., i.v.

**Package sizes**:
- **Drops**: Drop bottles containing 30 and 100 ml.
- **Tablets**: Packs containing 50 and 250 tablets.
- **Injection solution**: Packs containing 10, 50, and 100 ampoules of 1.1 ml.

**Revised**: August 2003

**References**:
Vertigo

Dizziness

Nausea

The Modern Homoeopathic Therapy for Vertigo

Vertigo

Dizziness

Nausea

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